



SENSITIVE PRICE INDEX (SPI-SINDH)

FOR THE WEEK ENDED ON 19.03.2026

Monitoring Essential Commodity Prices across Sindh



Sindh Bureau of Statistics
Planning & Development Department
Government of Sindh

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**GOVERNMENT OF SINDH
PLANNING & DEVELOPMENT DEPARTMENT
SINDH BUREAU OF STATISTICS
Karachi Dated: 19.03.2026**



EXECUTIVE SUMMARY

**SENSITIVE PRICE INDEX SINDH (SPI-Sindh) FOR THE WEEK ENDED
ON 19.03.2026**

Sensitive Price Index of Sindh (SPI-Sindh) has been calculated on a weekly basis to observe the price changes of 50 essential items in Sindh. SPI-Sindh is based on 50 essential items and prices collected from 120 Shops, 60 markets in 30 districts of Sindh (4 shops & 2 markets per district). The charges of Electricity & Gas are included from PBS's SPI data of the same period. The following table provides Week on Week (WoW) and Month on Month (MoM) changes in SPI-Sindh

Period	19.02.2026	26.02.2026	05.03.2026	12.03.2026	19.03.2026
SPI-Sindh	344.30	342.40	342.53	348.84	350.59
WoW % Change	-	-0.55	0.04	1.81	0.50
MoM % Change	-	-	-	-	1.82

To verify the accuracy of the SBOS data, the SPI of Sindh has been crossed checked against PBS price data of four major cities (Karachi, Hyderabad, Sukkur, and Larkana) of Sindh disseminated under National SPI by PBS for the same week ended on 18.03.2026 wherein a very minor variation has been observed, whereas the overall trend remained comparable and consistent. The SPI for Sindh calculated by SBOS on PBS's price data of 4 major cities of Sindh disseminated under National SPI for the week ended on 18.03.2026 is provided hereunder for ready reference:

Period	26.02.2026	05.03.2026	11.03.2026	18.03.2026
SPI based on PBS Data (4 Major Cities of Sindh)	353.01	353.81	360.50	361.10
WoW % Change	-0.45	0.23	1.89	0.17

ANALYSIS OF SPI-SINDH:

SPI-Sindh for the current week as on 19.03.2026 increased by 0.50 percent compared with the previous week. An increase was registered in 26 commodities out of the basket of 50 essential items. The major increase was recorded in Chicken Farm, Broiler, Live (9.2%), followed by Tomatoes (8.9%), Onions (1kg) (6.0%), and Salt Powder, Loose, Lahori (3.3%). Other notable increases were observed in Potatoes (3.0%), Beef with Bone (Average quality) (2.9%), and

Shirting (2.6%). The lowest increase was recorded in Firewood Whole (0.2%), Pulse Mash, Washed (0.2%), Vegetable Ghee, Tin, 2.5 KG (0.2%) and LPG Cylinder 11kg (0.2%).

On the other hand, a decrease was observed in 9 commodities, with the major decrease recorded in Wheat Flour, Bag AQ 20Kg (-2.4%), followed by Washing Soap, 200-250 g, (-2.0%), and Bananas (-1.9%). Other decreases were noted in Chappal Sponge Bata (Gents) (-1.6%), Rice Irri (Punjab/Sindh) (-1.5%), and Pulse Masoor, Washed (-1.2%). The lowest decrease was observed in Vegetable Ghee (Loose) (-0.4%), Georgette (-0.6%), and Energy Saver (14 watts) (-0.9%).

The prices of fifteen commodities remained unchanged, namely Rice Basmati Broken (Average Quality), Bread Plain (Medium Size), Milk (Fresh Unboiled), Eggs (Hen Farm), Sugar (Refined), Gur (Average Quality), Garlic, Tea (Lipton Yellow Label), Lawn, Electricity Charges (Upto 50 Units), Gas Charges (Upto 3.3719 MMBTU), Match Box (Regular), Petrol (Super), Hi Speed Diesel (HSP), Soap (Lifebuoy).

SENSITIVE PRICE INDEX (SPI-SINDH)

For the Week Ended on 19 March 2026

WoW Change:

+0.50%

Previous Week: 12.03.2026

348.84



350.59

PBS Avg.
(4 Major Cities):

361.10


+0.17%

▲ MAJOR INCREASES

 Chicken Farm, Broiler | **+9.2%**


 Tomatoes | **+8.9%**


 Onions | **+6.0%**


 Salt Powder, Lahori | **+3.3%**

▼ MAJOR DECREASES

 Wheat Flour, 20Kg | **-2.4%**

 Washing Soap, 200-250g | **-2.0%**

 Bananas | **-1.9%**

 Chappal Spounge (Gents) | **-1.6%**

— UNCHANGED PRICES —


Rice Basmati Broken


Bread Plain
(Medium Size)


Milk
(Fresh Unboiled)


Eggs
(Hen Farm)


Sugar
(Refined)


Gur
(Avg. Quality)


Garlic


Tea, Lipton Yellow Label


Lawn



Electricity Charges


Gas Charges


Match Box
(Regular)


Petrol
(Super)


Hi Speed Diesel


Soap
(LifeBuicy)

↑ **26 Increased**

◆ **10 Decreased**

— **15 No Change**

Data collected from 120 shops and 60 markets across 30 districts of Sindh.
Cross-referenced with PBS data for 4 major cities (Food and Non-Food).

CATEGORY-WISE WEEKLY PRICE MOVEMENT IN SPI-SINDH (19.03.2026 OVER 12.03.2026)

The category-wise analysis of the Sensitive Price Index (SPI-Sindh) for the week ended on 19 March 2026 indicates an overall increase of 0.50 percent compared to the previous week. The rise in the index was mainly driven by significant increases in Vegetables (4.13%), Meat & Protein (3.79%), and Spices & Condiments (1.66%), reflecting upward pressure in essential food commodities.

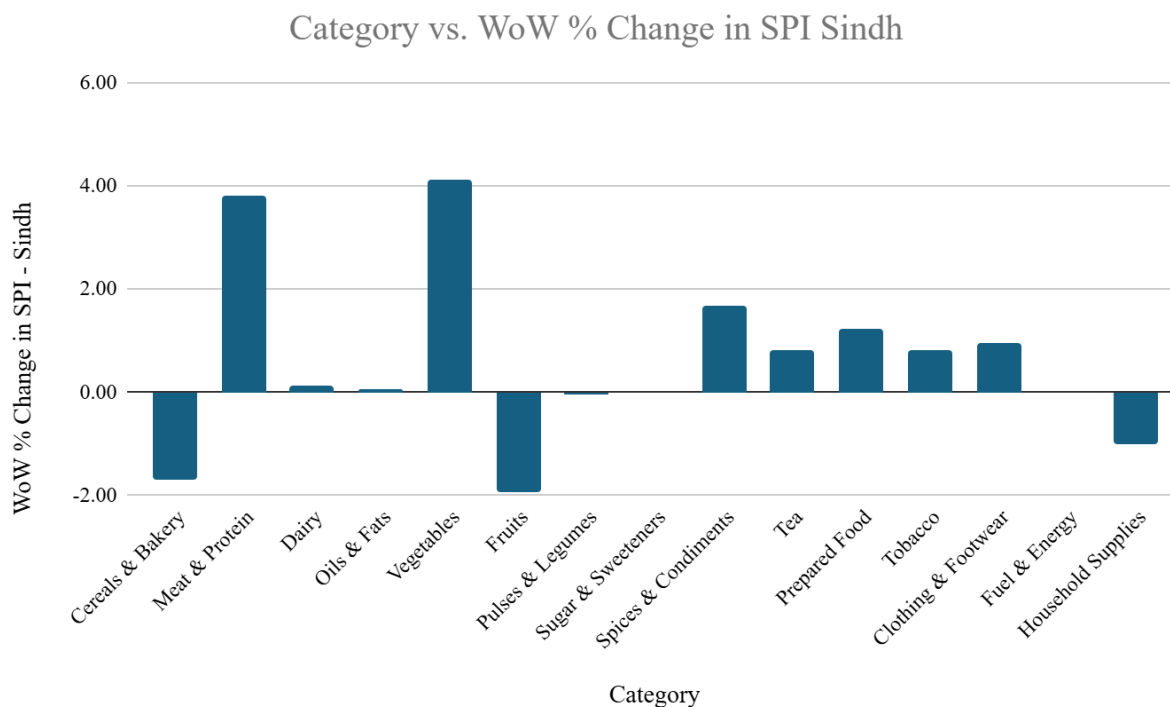
On the other hand, major declines were observed in Fruits (-1.95%), Cereals & Bakery (-1.68%), and Household Supplies (-1.01%), providing partial relief in selected consumption groups during the week.

Overall, the weekly trend in SPI-Sindh indicates food-led inflationary pressure with mixed price movements across commodity categories. The detailed list of commodities included under each category is provided at **Annex-A** for reference.

Table 1: CATEGORY-WISE WEEKLY PRICE MOVEMENT IN SPI-SINDH (19.03.2026 OVER 12.03.2026)

S. No.	Category	Items Count	WoW Change %
1	Cereals & Bakery	4	-1.68
2	Meat & Protein	4	3.79
3	Dairy	3	0.14
4	Oils & Fats	4	0.06
5	Vegetables	4	4.13
6	Fruits	1	-1.95
7	Pulses & Legumes	4	-0.05
8	Sugar & Sweeteners	2	0.00
9	Spices & Condiments	2	1.66
10	Tea	2	0.82
11	Prepared Food	2	1.21
12	Tobacco	1	0.81
13	Clothing & Footwear	7	0.95
14	Fuel & Energy	6	0.01
15	Household Supplies	4	-1.01
Total		50	0.50

Figure 1: Category Vs. WoW % Change in SPI- Sindh



COMPARISON CURRENT WEEK OVER LAST WEEK (19.03.2026 OVER 12.03.2026)

The following table presents the percentage changes in prices of commodities included in the SPI basket between the 2nd week of March 2026 and 3rd week of March ended on 19th March 2026.

Table 2 : COMPARISON CURRENT WEEK OVER LAST WEEK (19.03.2026 OVER 12.03.2026)

S. No.	Commodities	Average Prices of All Districts in Sindh Week Ended On			Percentage Change (%)
		Unit	12.03.2026	19.03.2026	
Average Prices of 26 items Registered Increase					
1	Chicken Farm, Broiler, Live	1 kg	379	414	9.2
2	Tomatoes	1 kg	45	49	8.9
3	Onions	1 kg	50	53	6.0
4	Salt Powder, Loose, Lahori	1 kg	30	31	3.3
5	Potatoes	1 kg	33	34	3.0
6	Beef With Bone, Average quality	1 kg	1170	1204	2.9
7	Shirting	1 mtr	427	438	2.6
8	Long Cloth	1 mtr	524	535	2.1
9	Curd (Dahi)	1 kg	267	271	1.5
10	Tea Prepared, Average Hotel	Cup	72	73	1.4
11	Cooked Daal, Average Hotel	Plate	160	162	1.3
12	Cooked Beef, Average Hotel	Plate	256	259	1.2
13	Red Chili Powder, Loose	1 kg	638	645	1.1
14	Mutton, Average Quality	1 kg	2104	2120	0.8

15	Powdered Milk, Nido, Polybag	400 gm	1112	1121	0.8
16	Cigarettes, K-2/Capstan,20's	Packet	246	248	0.8
17	Sandal Bata (Gents)	Pair	2373	2386	0.5
18	Pulse Gram, Washed	1 kg	273	274	0.4
19	Cooking Oil, Tin, Specify Name	2.5 Ltr	1349	1353	0.3
20	Pulse Moong, Washed	1 kg	377	378	0.3
21	Sandal Bata (Ladies)	Pair	1805	1810	0.3
22	Mustard Oil, Average Quality	1 kg	529	530	0.2
23	Vegetable Ghee, Tin, Specify Name	2.5 kg	1309	1311	0.2
24	Pulse Mash, Washed	1 kg	428	429	0.2
25	Firewood Whole	40 kg	945	947	0.2
26	LPG Cylinder, 11kg	Each	3752	3758	0.2

Average Prices of 15 items Registered No Change

1	Rice Basmati Broken, Average Quality	1 kg	183	183	0.0
2	Bread Plain, Medium Size	Each	120	120	0.0
3	Milk, Fresh, Unboiled	1 Ltr	212	212	0.0
4	Eggs Hen, Farm	Dozen	228	228	0.0
5	Sugar, Refined	1 kg	146	146	0.0
6	Gur, Average Quality	1 kg	206	206	0.0
7	Garlic	1 kg	511	511	0.0
8	Tea, Lipton Yellow Label, Packet	200 gm	407	407	0.0
9	Lawn	1 mtr	466	466	0.0
10	Electricity Charges, Upto 50 Units	Unit	7	7	0.0
11	Gas Charges, Upto 3.3719 MMBTU	MMBTU	2567	2567	0.0
12	Match Box, Regular	Each	6	6	0.0
13	Petrol, Super	1 Ltr	324	324	0.0
14	Hi Speed Diesel (HSP)	1 Ltr	338	338	0.0
15	Soap, Lifebuoy	Each	117	117	0.0

Average Prices of 10 items Registered Decrease

1	Wheat Flour, Bag Average Quality	20 kg	2408	2351	-2.4
2	Washing Soap, 200-250 g, Specify Name	Cake	101	99	-2.0
3	Bananas	Dozen	154	151	-1.9
4	Chappal Sponge Bata (Gents)	Pair	942	927	-1.6
5	Rice Irri (Punjab/Sindh)	1 kg	132	130	-1.5
6	Pulse Masoor, Washed	1 kg	259	256	-1.2
7	Energy Saver (14 watts)	Each	232	230	-0.9
8	Georgette	1 mtr	314	312	-0.6
9	Vegetable Ghee (Loose)	1 kg	488	486	-0.4

**COMPARISON OF CURRENT WEEK OVER THE SAME WEEK OF LAST MONTH
(19.03.2026 OVER 19.02.2026)**

The following table presents the Month on Month (MoM) percentage changes in prices of commodities included in the SPI basket between the 3rd week of February 2026 and 3rd week of March ended on 19th March 2026.

Table 3: COMPARISON CURRENT WEEK OVER LAST WEEK (19.03.2026 OVER 19.02.2026)

S. No.	Commodities	Average Prices of All Districts in Sindh			Percentage Change (%)
		Week Ended On			
		Unit	19.02.2026	19.03.2026	
Average Prices of 21 items Registered Increase					
1	LPG Cylinder, 11kg	Each	2979	3758	26.15
2	Petrol, Super	1 Ltr	260	324	24.62
3	Hi Speed Diesel (HSP)	1 Ltr	276	338	22.46
4	Chicken Farm, Broiler, Live	1 kg	364	414	13.74
5	Powdered Milk, Nido, Polybag	400 gm	1035	1121	8.31
6	Cigarettes, K-2, 20's	Packet	231	248	7.36
7	Salt Powder, Loose, Lahori	1 kg	29	31	6.90
8	Garlic	1 kg	479	511	6.68
9	Cooked Daal, Average Hotel	Plate	154	162	5.19
10	Bananas	Dozen	144	151	4.86
11	Mutton, Average Quality	1 kg	2032	2120	4.33
12	Beef With Bone, Average quality	1 kg	1159	1204	3.88
13	Soap, Lifebuoy	Each	113	117	3.54
14	Curd (Dahi)	1 kg	264	271	2.65
15	Cooked Beef, Average Hotel	Plate	253	259	2.37
16	Sandal Bata (Gents)	Pair	2341	2386	1.92
17	Pulse Mash, Washed	1 kg	421	429	1.90
18	Chappal Sponge Bata (Gents)	Pair	910	927	1.87
19	Tea Prepared, Average Hotel	Cup	72	73	1.39
20	Lawn	1 mtr	462	466	0.87
21	Long Cloth	1 mtr	531	535	0.75
Average Prices of 4 items Registered No Change					
1	Milk, Fresh, Unboiled	1 Ltr	212	212	0
2	Electricity Charges, Upto 50 Units	Unit	7	7	0
3	Gas Charges, Upto 3.3719 MMBTU	MMBTU	2567	2567	0
4	Match Box, Regular	Each	6	6	0
Average Prices of 25 items Registered Decrease					
1	Tomatoes	1 kg	74	49	-33.78
2	Eggs Hen, Farm	Dozen	274	228	-16.79
3	Rice Irri (Punjab/Sindh)	1 kg	148	130	-12.16
4	Energy Saver (14 watts)	Each	260	230	-11.54
5	Pulse Masoor, Washed	1 kg	281	256	-8.9
6	Red Chilli Powder, Loose	1 kg	700	645	-7.86

7	Rice Basmati Broken, Average Quality	1 kg	194	183	-5.67
8	Potatoes	1 kg	36	34	-5.56
9	Wheat Flour, Bag	20 kg	2487	2351	-5.47
10	Tea, Lipton Yellow Label, Packet	200 gm	429	407	-5.13
11	Pulse Gram, Washed	1 kg	288	274	-4.86
12	Washing Soap, 200-250 g,	Cake	104	99	-4.81
13	Vegetable Ghee, Tin,	2.5 kg	1370	1311	-4.31
14	Sandal Bata (Ladies)	Pair	1872	1810	-3.31
15	Firewood Whole	40 kg	977	947	-3.07
16	Shirting	1 mtr	450	438	-2.67
17	Cooking Oil, Tin,	2.5 Ltr	1385	1353	-2.31
18	Georgette	1 mtr	319	312	-2.19
19	Sugar, Refined	1 kg	149	146	-2.01
20	Onions	1 kg	54	53	-1.85
21	Pulse Moong, Washed	1 kg	383	378	-1.31
22	Mustard Oil, Average Quality	1 kg	537	530	-1.3
23	Gur, Average Quality	1 kg	208	206	-0.96
24	Bread Plain, Medium Size	Each	121	120	-0.83
25	Vegetable Ghee (Loose)	1 kg	488	486	-0.41

S.No.	Categories	No. of Items	Commodity/items
1	Cereals & Bakery	4	Wheat Flour Rice Basmati Broken Rice Irri Bread Plain
2	Clothing & Footwear	7	Long Cloth Shirting Lawn Georgette Sandal Bata Gents Chappal Sponge Gents Sandal Bata Ladies
3	Dairy	3	Milk Fresh Curd (Dahi) Powdered Milk Nido
4	Fruits	1	Bananas
5	Fuel & Energy	6	Electricity Charges Gas Charges Firewood Petrol Super Hi Speed Diesel LPG Cylinder
6	Household Supplies	4	Energy Saver Washing Soap Match Box Soap Lifebuoy
7	Meat & Protein	4	Beef With Bone Mutton Chicken Farm Eggs Hen Farm
8	Oils & Fats	4	Mustard Oil Cooking Oil Tin Vegetable Ghee Tin Vegetable Ghee Loose
9	Prepared Food	2	Cooked Beef Hotel Cooked Daal Hotel
10	Pulses & Legumes	4	Pulse Masoor Pulse Moong Pulse Mash Pulse Gram
11	Spices & Condiments	2	Salt Powder Red Chilly Powder
12	Sugar & Sweeteners	2	Sugar Refined Gur
13	Tea	2	Tea Lipton Tea Prepared Hotel
14	Tobacco	1	Cigarettes K-2/Capstan
15	Vegetables	4	Potatoes Onions Tomatoes Garlic

Average Prices of 50 Essential Commodities in 30 Districts of Sindh as on 19th March 2026

S No.	Description	Unit	Karachi South	Karachi West	Karachi East	Karachi Central	Korangi	Keamari	Malir
1	Wheat Flour, Bag Average Quality	20 kg	2214	2600	2330	2325	2040	2592	2140
2	Rice Basmati Broken, Average Quality	1 kg	229	257	177	210	310	232	264
3	Rice Irri (Punjab/Sindh)	1 kg	177	195	120	200	155	182	157
4	Bread Plain, Medium Size	Each	105	100	110	115	131	100	107
5	Beef With Bone, Average quality	1 kg	1373	1600	1349	1247	1300	1574	1000
6	Mutton, Average Quality	1 kg	2515	2562	2571	2525	2400	2524	2000
7	Chicken Farm, Broiler, Live	1 kg	475	437	404	495	437	467	437
8	Milk, Fresh, Unboiled	1 Ltr	220	220	220	220	220	200	220
9	Curd (Dahi)	1 kg	320	337	355	360	340	340	340
10	Powdered Milk, Nido, Polybag	400 gm	1095	1077	1082	1159	1143	1148	1072
11	Eggs Hen, Farm	Dozen	224	207	230	230	232	242	230
12	Mustard Oil, Average Quality	1 kg	554	550	593	512	590	543	590
13	Cooking Oil, Tin, Specify Name	2.5 Ltr	1520	1500	1336	1532	1294	1550	1299
14	Vegetable Ghee, Tin, Specify Name	2.5 kg	1520	1500	1316	1505	1125	1517	1150
15	Vegetable Ghee (Loose)	1 kg	545	542	480	497	500	527	480
16	Bananas	Dozen	197	144	161	186	173	173	200
17	Pulse Masoor, Washed	1 kg	220	325	222	285	195	317	220
18	Pulse Moong, Washed	1 kg	395	402	335	439	344	347	380
19	Pulse Mash, Washed	1 kg	412	457	383	440	355	447	375
20	Pulse Gram, Washed	1 kg	217	347	232	290	190	245	190
21	Potatoes	1 kg	52	45	47	60	45	45	49
22	Onions	1 kg	50	52	57	80	47	55	57
23	Tomatoes	1 kg	55	50	65	50	45	57	40
24	Sugar, Refined	1 kg	149	150	147	160	147	142	143
25	Gur, Average Quality	1 kg	245	247	240	252	240	220	220
26	Salt Powder, Loose, Lahori	1 kg	50	37	60	75	40	35	49
27	Red Chilly Powder, Loose	1 kg	880	800	800	871	390	624	675
28	Garlic	1 kg	616	507	474	395	480	400	485
29	Tea, Lipton Yellow Label, Packet	200 gm	400	400	385	366	376	400	432
30	Cooked Beef, Average Hotel	Plate	239	267	317	312	310	300	300
31	Cooked Daal, Average Hotel	Plate	140	157	174	184	200	150	207
32	Tea Prepared, Average Hotel	Cup	70	70	70	80	70	70	70
33	Cigarettes, K-2/Capstan, 20's	Packet	250	240	243	250	250	260	257
34	Long Cloth	1 mtr	812	846	610	925	800	675	775
35	Shirting	1 mtr	398	548	572	787	562	449	649
36	Lawn	1 mtr	749	500	622	748	700	392	787
37	Georgette	1 mtr	335	600	424	398	500	374	462
38	Sandal Bata (Gents)	Pair	2958	1999	2347	3422	2236	3200	2499
39	Chappal Sponge Bata (Gents)	Pair	849	1499	599	1147	700	1200	624
40	Sandal Bata (Ladies)	Pair	2236	1799	2449	2475	1849	3000	2100
41	Electricity Charges, Upto 50 Units	Unit	7	7	7	7	7	7	7
42	Gas Charges, Up to 3.3719 MMBTU	MMBTU	2567	2567	2567	2567	2567	2567	2567
43	Firewood Whole	40 kg	1400	1449	..	1600	1200	1200	1200
44	Energy Saver (14 watts)	Each	232	250	172	235	155	300	155
45	Washing Soap, 200-250 g, Specify Name	Cake	112	145	126	104	45	100	55
46	Match Box, Regular	Each	5	6	7	9	7	7	7
47	Petrol, Super	1 Ltr	322	322	322	322	322	322	322
48	Hi Speed Diesel (HSP)	1 Ltr	337	337	336	337	337	337	337
49	LPG Cylinder, 11kg	Each	3795	3850	3850	3684	3740	3850	3740
50	Soap, Lifebuoy	Each	115	127	117	125	100	100	99

Note: (..) = Currently unavailable/Limited availability

Continued

S No.	Description	Unit	Hyderabad	Badin	Jamshoro	Tando. Allahyar	Tando Muhammad Khan	Thatta	Sujawal	Dadu	Matiari
1	Wheat Flour, Bag	20 kg	2790	2750	2349	2100	2449	2298	2575	2200	2475
2	Rice Basmati Broken, Average Quality	1 kg	195	140	137	180	200	195	245	150	160
3	Rice Irri (Punjab/Sindh)	1 kg	95	115	95	150	160	102	104	120	100
4	Bread Plain, Medium Size	Each	110	100	120	140	120	120	117	120	110
5	Beef With Bone, Average quality	1 kg	1272	1200	1249	1200	1275	975	1289	1000	1300
6	Mutton, Average Quality	1 kg	2498	2200	2198	2100	2000	1850	2091	2200	2249
7	Chicken Farm, Broiler, Live	1 kg	380	395	400	370	450	455	365	374	400
8	Milk, Fresh, Unboiled	1 Ltr	220	220	210	200	200	212	207	220	210
9	Curd (Dahi)	1 kg	320	250	300	240	300	210	235	260	290
10	Powdered Milk, Nido, Polybag	400 gm	1084	1150	1140	1100	1140	1200	1200	1120	1120
11	Eggs Hen, Farm	Dozen	215	230	205	180	220	187	220	300	240
12	Mustard Oil, Average Quality	1 kg	477	725	500	460	590	675	760	495	480
13	Cooking Oil, Tin	2.5 Ltr	1350	1245	1260	1250	1395	1335	1352	1350	1260
14	Vegetable Ghee, Tin	2.5 kg	1155	1215	1400	1300	1362	1212	1210	1460	1400
15	Vegetable Ghee (Loose)	1 kg	465	450	520	460	560	477	457	580	520
16	Bananas	Dozen	122	155	169	170	200	187	142	100	139
17	Pulse Masoor, Washed	1 kg	200	320	202	240	290	190	296	280	220
18	Pulse Moong, Washed	1 kg	360	400	354	400	352	367	360	410	400
19	Pulse Mash, Washed	1 kg	417	450	390	430	400	430	565	410	390
20	Pulse Gram, Washed	1 kg	400	300	317	380	295	190	305	390	320
21	Potatoes	1 kg	35	32	40	30	25	37	46	20	40
22	Onions	1 kg	45	45	65	40	60	45	59	50	65
23	Tomatoes	1 kg	60	27	40	40	52	31	35	50	40
24	Sugar, Refined	1 kg	140	150	145	140	150	155	147	150	145
25	Gur, Average Quality	1 kg	185	230	182	200	200	225	260	200	200
26	Salt Powder, Loose, Lahori	1 kg	30	30	16	30	40	50	30	30	20
27	Red Chilly Powder, Loose	1 kg	600	875	550	700	682	748	827	550	550
28	Garlic	1 kg	400	574	480	500	505	587	330	500	480
29	Tea, Lipton Yellow Label, Packet	200 gm	400	400	400	385	400	380	450	400	400
30	Cooked Beef, Average Hotel	Plate	340	200	235	250	274	235	335	250	250
31	Cooked Daal, Average Hotel	Plate	170	155	150	175	200	147	217	180	150
32	Tea Prepared, Average Hotel	Cup	72	65	70	75	70	70	80	62	70
33	Cigarettes, K-2/Capstan, 20's	Packet	250	240	242	250	240	245	265	220	250
34	Long Cloth	1 mtr	610	365	600	402	548	345	322	574	610
35	Shirting	1 mtr	400	440	450	648	648	402	382	400	424
36	Lawn	1 mtr	400	374	374	350	437	452	315	500	374
37	Georgette	1 mtr	280	290	260	250	329	235	262	450	270
38	Sandal Bata (Gents)	Pair	2999	1996	2999	2999	3499	2500	2400	2199	2999
39	Chappal Sponge Bata (Gents)	Pair	1199	1596	449	2199	999	600	1700	1099	449
40	Sandal Bata (Ladies)	Pair	1299	2298	2249	1499	2999	1400	2200	1999	1200
41	Electricity Charges, Upto 50 Units	Unit	7	7	7	7	7	7	7	7	7
42	Gas Charges, Upto 3.3719 MMBTU	MMBTU	2567	2567	2567	2567	2567	2567	2567	2567	2567
43	Firewood Whole	40 kg	800	574	1000	650	800	825	812	900	800
44	Energy Saver (14 watts)	Each	400	365	150	200	250	324	352	300	150
45	Washing Soap, 200-250 g	Cake	97	110	100	60	120	100	118	120	100
46	Match Box, Regular	Each	5	5	5	5	7	5	7	6	5
47	Petrol, Super	1 Ltr	324	326	325	325	325	324	324	322	324
48	Hi Speed Diesel (HSP)	1 Ltr	339	341	338	340	339	339	339	336	338
49	LPG Cylinder, 11kg	Each	3960	3630	3850	3700	3400	3410	3757	3400	3850
50	Soap, Lifebuoy	Each	122	100	125	120	132	130	114	120	125

Continued

S No.	Description	Unit	Larkana	Shikarpur	Jacobabad	Kambar @ Shahdadkot	Kashmore @ Kandhkot	Shaheed. Benazirabad	Sanghar	N. Feroze
1	Wheat Flour, Bag	20 kg	2525	2400	2300	2249	2387	2650	2400	2000
2	Rice Basmati Broken, Average Quality	1 kg	157	132	155	170	162	162	200	130
3	Rice Irri (Punjab/Sindh)	1 kg	99	107	97	125	120	135	140	160
4	Bread Plain, Medium Size	Each	125	102	115	200	130	160	100	140
5	Beef With Bone, Average quality	1 kg	1300	1049	1200	1149	1100	1187	1125	1060
6	Mutton, Average Quality	1 kg	2349	1824	2149	1910	2000	2087	1900	1950
7	Chicken Farm, Broiler, Live	1 kg	425	390	400	425	357	406	424	480
8	Milk, Fresh, Unboiled	1 Ltr	240	215	235	230	200	220	200	200
9	Curd (Dahi)	1 kg	287	237	295	270	250	307	230	240
10	Powdered Milk, Nido, Polybag	400 gm	870	1170	1150	1190	1170	1240	1150	1030
11	Eggs Hen, Farm	Dozen	230	210	200	255	300	165	260	360
12	Mustard Oil, Average Quality	1 kg	480	490	500	675	505	490	470	450
13	Cooking Oil, Tin	2.5 Ltr	1320	1375	1457	1325	1362	1412	1150	1430
14	Vegetable Ghee, Tin	2.5 kg	1100	1370	1400	1175	1400	1412	1200	1330
15	Vegetable Ghee (Loose)	1 kg	417	440	570	470	450	486	460	450
16	Bananas	Dozen	125	146	150	167	140	173	100	150
17	Pulse Masoor, Washed	1 kg	280	280	350	255	360	265	200	260
18	Pulse Moong, Washed	1 kg	245	410	450	355	400	422	370	400
19	Pulse Mash, Washed	1 kg	280	480	500	470	450	465	395	380
20	Pulse Gram, Washed	1 kg	260	280	290	245	250	260	263	250
21	Potatoes	1 kg	30	27	20	40	47	35	40	20
22	Onions	1 kg	60	55	55	65	60	64	40	80
23	Tomatoes	1 kg	65	42	45	50	50	55	70	80
24	Sugar, Refined	1 kg	155	145	140	155	140	142	140	145
25	Gur, Average Quality	1 kg	170	185	170	175	180	187	180	250
26	Salt Powder, Loose, Lahori	1 kg	20	30	30	50	30	35	10	20
27	Red Chili Powder, Loose	1 kg	547	574	500	675	600	712	600	640
28	Garlic	1 kg	450	574	450	524	500	649	550	540
29	Tea, Lipton Yellow Label, Packet	200 gm	360	471	447	380	440	400	400	400
30	Cooked Beef, Average Hotel	Plate	335	200	224	245	200	224	320	230
31	Cooked Daal, Average Hotel	Plate	162	134	137	145	120	173	180	220
32	Tea Prepared, Average Hotel	Cup	80	65	80	75	67	76	70	100
33	Cigarettes, K-2/Capstan, 20's	Packet	250	245	250	245	240	255	270	270
34	Long Cloth	1 mtr	450	632	269	442	600	574	600	500
35	Shirting	1 mtr	574	..	222	350	250	474	274	300
36	Lawn	1 mtr	1087	296	265	450	350	749	350	540
37	Georgette	1 mtr	500	190	207	245	340	622	270	220
38	Sandal Bata (Gents)	Pair	2499	1500	1499	2500	1599	2385	2098	2750
39	Chappal Sponge Bata (Gents)	Pair	600	599	999	700	1199	1462	700	600
40	Sandal Bata (Ladies)	Pair	2999	1500	1499	1400	1399	2274	2500	1260
41	Electricity Charges, Upto 50 Units	Unit	7	7	7	7	7	7	7	7
42	Gas Charges, Upto 3.3719 MMBTU	MMBTU	2567	2567	2567	2567	2567	2567	2567	2567
43	Firewood Whole	40 kg	1310	1049	1200	925	900	899	800	1170
44	Energy Saver (14 watts)	Each	160	272	180	300	250	162	293	180
45	Washing Soap, 200-250 g	Cake	70	71	100	120	100	170	100	100
46	Match Box, Regular	Each	5	5	6	5	5	5	5	5
47	Petrol, Super	1 Ltr	323	322	323	324	324	323	324	322
48	Hi Speed Diesel (HSP)	1 Ltr	338	338	338	339	338	338	339	336
49	LPG Cylinder, 11kg	Each	3850	4014	4200	3850	4000	3567	3500	3600
50	Soap, Lifebuoy	Each	100	125	130	130	120	125	100	130

Continued

S No.	Description	Unit	Mirpurkhas	Umerkot	Thar @ Mithi	Sukkur	Khairpur	Ghotki	Min	Average Price 5 March 2026	Max
1	Wheat Flour, Bag	20 kg	2100	2100	2312	2327	2400	2400	2000	2351	2790
2	Rice Basmati Broken, Average Quality	1 kg	180	182	177	170	199	152	130	183	310
3	Rice Irri (Punjab/Sindh)	1 kg	150	140	132	135	..	101	95	130	200
4	Bread Plain, Medium Size	Each	140	130	120	100	127	132	100	120	200
5	Beef With Bone, Average quality	1 kg	1200	1100		1200	1174	1100	975	1204	1600
6	Mutton, Average Quality	1 kg	2100	1900	1924	1850	1697	1925	1697	2120	2571
7	Chicken Farm, Broiler, Live	1 kg	370	400	400	430	429	380	357	414	495
8	Milk, Fresh, Unboiled	1 Ltr	200	200	195	200	219	200	195	212	240
9	Curd (Dahi)	1 kg	240	230	195	220	240	225	195	271	360
10	Powdered Milk, Nido, Polybag	400 gm	1100	1250	1100	950	1170	1145	870	1121	1250
11	Eggs Hen, Farm	Dozen	180	240	245	210	235	242	165	228	360
12	Mustard Oil, Average Quality	1 kg	460	460	512	495	500	470	450	530	760
13	Cooking Oil, Tin	2.5 Ltr	1250	1275	1141	1375	1550	1480	1141	1353	1550
14	Vegetable Ghee, Tin	2.5 kg	1300	1300	1105	1345	1390	1350	1100	1311	1520
15	Vegetable Ghee (Loose)	1 kg	460	442	405	535	535	470	405	486	580
16	Bananas	Dozen	170	150	102	122	150	150	100	151	200
17	Pulse Masoor, Washed	1 kg	240	290	250	245	240	255	190	256	360
18	Pulse Moong, Washed	1 kg	400	395	322	405	380	415	245	378	450
19	Pulse Mash, Washed	1 kg	430	600	405	475	450	447	280	429	600
20	Pulse Gram, Washed	1 kg	380	300	250	275	240	230	190	274	400
21	Potatoes	1 kg	30	30	24	30	27	20	20	34	60
22	Onions	1 kg	40	30	35	60	60	70	30	53	80
23	Tomatoes	1 kg	40	50	35	89	50	70	27	49	89
24	Sugar, Refined	1 kg	140	150	142	145	147	145	140	146	160
25	Gur, Average Quality	1 kg	200	200	185	200	210	190	170	206	260
26	Salt Powder, Loose, Lahori	1 kg	30	25	45	25	30	20	10	31	75
27	Red Chilly Powder, Loose	1 kg	700	600	342	800	675	700	342	645	880
28	Garlic	1 kg	500	550	600	600	693	624	330	511	693
29	Tea, Lipton Yellow Label, Packet	200 gm	385	..	495	400	447	435	360	407	495
30	Cooked Beef, Average Hotel	Plate	250	195	250	...	195	259	340
31	Cooked Daal, Average Hotel	Plate	175	150	190	137	100	140	100	162	220
32	Tea Prepared, Average Hotel	Cup	75	70	77	75	70	70	62	73	100
33	Cigarettes, K-2/Capstan, 20's	Packet	250	250	250	250	230	250	220	248	270
34	Long Cloth	1 mtr	402	470	312	599	560	550	269	535	925
35	Shirting	1 mtr	648	500	424	608	277	290	222	438	787
36	Lawn	1 mtr	350	390	320	734	552	400	265	466	1087
37	Georgette	1 mtr	250	260	237	340	230	230	190	312	622
38	Sandal Bata (Gents)	Pair	2999	2300	2200	1599	1499	2999	1499	2386	3499
39	Chappal Sponge Bata (Gents)	Pair	2199	1700	1600	600	599	599	449	927	2199
40	Sandal Bata (Ladies)	Pair	1499	1200	2100	1599	1150	1299	1150	1810	3000
41	Electricity Charges, Upto 50 Units	Unit	7	7	7	7	7	7	7	7	7
42	Gas Charges, Upto 3.3719 MMBTU	MMBTU	2567	2567	2567	2567	2567	2567	2567	2567	2567
43	Firewood Whole	40 kg	650	660	811	636	1124	1100	574	947	1600
44	Energy Saver (14 watts)	Each	200	200	357	260	247	152	150	230	400
45	Washing Soap, 200-250 g	Cake	60	100	207	100	90	100	45	99	207
46	Match Box, Regular	Each	5	7	7	5	5	5	5	6	9
47	Petrol, Super	1 Ltr	325	329	325	322	323	324	322	324	329
48	Hi Speed Diesel (HSP)	1 Ltr	340	343	342	337	338	338	336	338	343
49	LPG Cylinder, 11kg	Each	3700	4000	3850	3850	3685	3738	3400	3686	4200
50	Soap, Lifebuoy	Each	120	100	117	125	125	120	99	117	132

Note: (..) = Currently unavailable/Limited availability
 (...) = Conventionally unavailable

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